

# FOOD

## ALL DAY BRUNCH

### Cornish Brunch 9.95

Locally Sourced Sausage, Smoked Back Bacon, Black Pudding, Hogs Pudding, Hash Brown, Beans, Portobello Mushroom, Roasted Tomato, Toast & Butter  
Fried, Poached Or Scrambled Egg

### Veggie Brunch (V) 9.95

Plant Based Sausage, Roasted Tomato, Flat Mushroom, Hash Brown, Baked Beans, Flame Roasted Peppers, Grilled Halloumi, Toast & Butter *Vegan Option Available*  
Fried, Poached Or Scrambled Egg

### American Diner 11.95

2 Buttermilk Pancakes, Smoked Streaky Bacon, Maple Syrup, 2 Hash Browns, 2 Locally Sourced Sausages, Baked Beans  
Fried, Poached Or Scrambled Eggs

### Just Bacon / Sausage Sandwich 4.95

Either Smoked Back Bacon Or Locally Sourced Sausages  
Add 2 Hash Browns £1.75

### Smashed Avo Toast (Ve) 6.95

Two Slices Of Toasted Sourdough Topped With Smashed Avocado, Fresh Watercress, Olive Oil & Chilli Flakes  
Add 2 Poached Eggs (V) 1.75

### Buttermilk Pancake Stack 7.25

3 Zaf's Recipe Buttermilk Pancakes with a choice of topping:  
Smoked Streaky Bacon & Maple Flavoured Syrup  
Sliced Banana & Belgian Chocolate Sauce



## SANDWICHES

Thick Bloomer Bread With A Choice Of Fillings, Served With Salted Hand-Cooked Crisps & Dressed Salad

UPGRADE TO FRIES + £2.50

### Ham, Cheese & Chutney 7.95

Sliced Gammon Ham, Extra Mature Cheddar & 'Cornish Larder' Chutney

### Bacon, Brie & Cranberry Toastie 9.25

Smoked Back Bacon, Cornish Brie & Cranberry Sauce

### Halloumi & Smashed Avo (V) 10.25

Fried Halloumi, Smashed Avocado, Fresh Watercress & Sweet Chilli Jam

### Fish Finger Sandwich 11.50

IPA Battered Cod Goujons, Lemon & Dill Mayo & Fresh Watercress

## SALADS



### Grilled Chicken & Chorizo 11.95

Grilled Chicken Breast, Grilled Chorizo, Mixed Leaves, Roquito Pepper Pearls, Cucumber, Watercress, Caramelised Onions, Chopped Herbs, Honey & Mustard Dressing

### Feta & Hot Honey (V) 11.95

Crumbled Feta, Mixed Leaves, Tomato, Cucumber, Red Onion, Roquito Pepper Pearls, Citrus Marinated Olives, Watercress, Pomegranate, Mint Yoghurt & Hot Honey Drizzle

## WRAPS

Chargrilled Flour Tortilla With A Choice Of Fillings, Served With Salted Hand-Cooked Crisps & Dressed Salad

UPGRADE TO FRIES + £2.50

### Buttermilk Chicken & Bacon 11.25

Buttermilk Fried Chicken, Smoked Streaky Bacon, Sliced Cheddar, Roasted Garlic Mayo, Shredded Lettuce, Tomato Slices & Cucumber & Sweet Chilli Jam

### Brunch Banger 11.95

Smoked Back Bacon, Locally Sourced Sausage, Melted Cheddar Hash Brown & Scrambled Eggs, Served With 2 Hash Browns *Veggie/Vegan Option Available*

### Slow Cooked Pulled Pork 11.50

Slow Cooked Pulled Pork, BBQ Sauce, Caramelised Onions, Melted Cheddar & Shredded Lettuce

### Buddha Wrap (Ve) 8.95

Smashed Avo, Crispy Chickpeas, Roasted Garlic Houmous, Mixed Leaves, Iceberg lettuce, Roquito Pepper Pearls, Cucumber, Sliced Tomato, Chopped Herbs, Red Onion, Citrus Marinated Olives

## PROUD TO SUPPORT LOCAL SUPPLIERS

	MILES
ST PIRANS PORK	4.9
COLIN CARTERS EGGS	6.5
BAKER TOMS BREAD	9.6
RODDAS CREAMERY	9.5
WESTCOUNTRY FRUIT & VEG	10.8
M YATES BUTCHERS	12.8

Owned by the same local family since opening in 2006  
we take pride in supporting local cornish suppliers &  
we make our own recipes in house where possible

# BURGERS

Served In A Toasted Brioche Bun Alongside  
A Dressed Side Salad

ADD FRIES + £2.50

## Classic Zafs 9.95

Our Recipe Beef Burger, Shredded Lettuce, Sliced Tomato & Zafiros Burger Sauce

## BBQ Bacon Cheese 11.95

Our Recipe Beef Burger, Smoked Streaky Bacon, Melted Cheddar, Shredded Lettuce, Sliced Tomato & BBQ Sauce

## Zafs Club 12.50

Grilled Chicken Breast, Melted Cheddar, Smoked Streaky Bacon & Smashed Avocado, Shredded Lettuce, Sliced Tomato & Roasted Garlic Mayo

## Brie Luxe 12.75

Our Recipe Beef Burger, Smoked Streaky Bacon, Melted Cornish Brie, Watercress, Sliced Tomato & Cranberry Sauce

## Cajun Chicken & Chorizo 12.50

Cajun Spiced Chicken Breast, Grilled Chorizo, Melted Cheddar, Shredded Lettuce, Sliced Tomato & Sriracha Mayo

## Halloumi & Pomegranate (V) 13.25

Fried Halloumi, Flame Roasted Peppers, Mint Yoghurt, Pomegranate, Sliced Tomato, Watercress, Sweet Chilli Jam

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY FOOD ALLERGIES, INTOLERANCES OR DIETARY REQUIREMENTS. WE MAKE EVERY EFFORT TO TO TRAIN OUR STAFF, HANDLE OUR INGREDIENTS CAUTIOUSLY AND RESPECT DIETARY REQUIREMENTS. HOWEVER, DUE TO THE OPERATIONAL NATURE OF OUR KITCHEN WE CANNOT GUARANTEE ANY DISH TO BE ALLERGEN FREE



# SMALL PLATES

IDEAL FOR SHARING

ANY 2 FOR £13 / ANY 3 FOR £16 / ANY 5 FOR £25



## Antipasti Plate (Ve) 6.50

Toasted Sourdough, Cornish Market Olives, Roasted Garlic Houmous, Roquito Pepper Pearls, Sundried Tomatoes, Olive Oil & Balsamic

## Hot Honey Chicken Strips 6.75

4 Buttermilk Fried Chicken Strips, Drizzled With Hot Honey & Served With Roasted Garlic Mayo

## Tomato Bruschetta (Ve) 6.50

Slices Of Toasted Sourdough, Fresh Tomato, Roasted Garlic & Fresh Basil, Topped With Olive Tapenade

## Loaded Fries 6.95

Skin-On-Fries With Melted Cheddar, Soured Cream, Chopped Parsley & A Choice Of Topping:

Just Cheese (V) (5.25)

Slow Cooked BBQ Pulled Pork

Buttermilk Fried Chicken

Fried Halloumi (V)

Chinese Style Salt & Pepper With Sriracha Mayo (V)

## Salt & Pepper Squid 6.85

8 Fried Salt & Pepper Squid Pieces Served With Roasted Garlic Mayo & Lime

## Beer Battered Cod Goujons 6.95

3 IPA Battered Cod Goujons, Served With Lemon & Dill Mayo

## Loaded Quesadillas 6.95

Grilled Mini Flour Tortillas Filled With Cheddar & Mozzarella & A choice Of Filling, Served With Soured Cream & Smashed Avocado:

Just Cheese (V) (5.25)

Cajun Chicken

Slow Cooked BBQ Pulled Pork

Zafs Bean Chilli (V)

## Loaded Nachos 6.95

Warm Corn Tortillas Topped With Nacho Cheese Sauce, Melted Cheddar, Soured Cream, Smashed Avocado & Fresh Tomato Salsa

Just Cheese (V) (6.00)

Cajun Chicken

Slow Cooked BBQ Pulled Pork

Zafs Bean Chilli

## Fried Halloumi Fingers (V) 6.75

4 Fried Halloumi Fingers, Pomegranate, Mint Yoghurt, & Sweet Chilli Jam

## Greek Salad (V) 6.50

A Chopped Salad Of Cucumber, Roquito Pepper Pearls, Red Onion, Olives, Tomato, Mint, Chopped Parsley, Feta, Olive Oil & Oregano Dressing

## Pulled Pork Melting Pot 7.25

Slow Cooked BBQ Pulled Pork With Caramelised Onions, Melted Cheddar & Mozzarella, Served With Toasted Sourdough

## Chorizo & Cured Plate 7.25

Grilled Chorizo Cooked With Red Wine, A Selection Of Cured Meats, Served With Toasted Sourdough

## Loaded Sliders 7.50

3 Mini Brioche Buns Toasted & Filled With Melted Cheddar & Mozzarella, Cheese Sauce, With A Choice Of Any 3 Fillings:

Slow Cooked BBQ Pulled Pork

Zafs Bean Chilli (V)

Buttermilk Fried Chicken

## EXTRAS

### Bowl Of Skin-On-Fries (Ve) 3.25

With Melted Cheddar & Mozzarella (V) 4.95

### Citrus Peel Marinated Olives (Ve) 3.00

A Bowl Of Cornish Citrus-Peel Marinated Olives